

Therapist Ratings of Client Process

date:

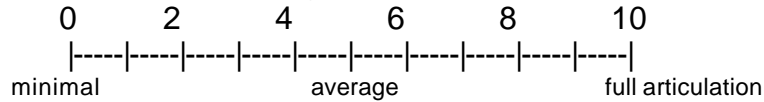
client initials or ID:

TRCP, Developed by James R. Iberg, PhD, September, 1997

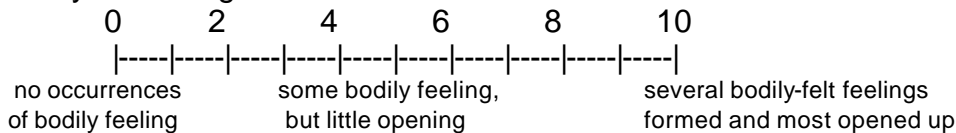
therapist initials:

PLEASE PLACE AN 'X' ON THE RULERS FOR YOUR ANSWERS

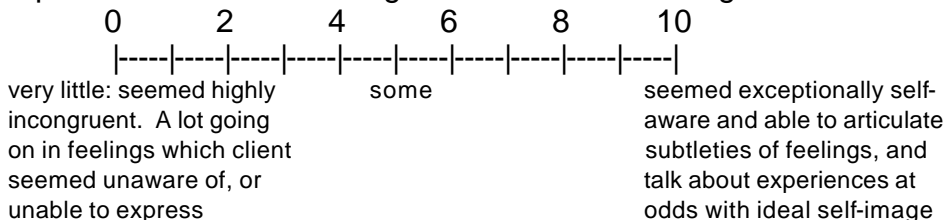
1. To what degree did client articulate the full complexity, including internal and external aspects, related to the feelings worked on today?



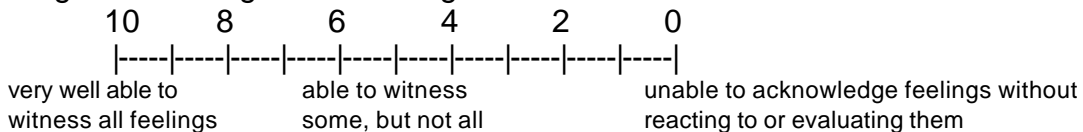
2. To what extent did the client experience the formation and opening up of immediate, viscerally felt feelings?



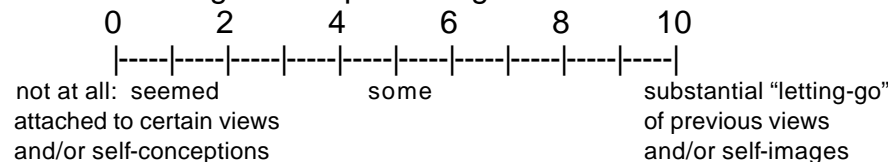
3. To what extent today, in your judgment, was the client able to accurately and fully represent his/her true feelings in words and self-image?



4. To what degree was the client able to acknowledge his/her full range of feelings without favoring some feelings and resisting others?



5. To what extent in this session did the client seem able to loosen existing ideas and self-conceptions, to "sense the unknown," thus opening up to things unexpected or unfamiliar in feelings and experiencing?



6. By the end of the session, did the client's attitude toward self and others seem more narrow and self-oriented, or more humble and considerate of perspectives broader than his/her own?

